



ACORN
FOSTERING
SERVICES

MY JOURNEY THROUGH CARE

5 - 10 YEARS



Hi there!

**My name is Acey the Acorn
and I am here to help guide
you through this book.**

**Your carer can also help you
to fill this in.**



THIS BELONGS TO

Tell me what you like to be called



ABOUT YOU



Can you tell me about you, and where you live?

Where do you live?

Who do you live with?

What is your school?

Do you have any pets?

Do you have a favourite game or toy?



YOUR JOURNEY THROUGH CARE



Sometimes you are moved away from your family that isn't your fault

You may still be able to see your family



Its is normal to feel sad or upset when you move to a new home



There will be people who will visit you to see if you are okay and safe in your new home





During your journey, people will get together to talk about you and how they can help you

Sometimes there will be meetings such as with your teachers to see if school is fun for you



Every few months, people meet with each other to talk about how the year has gone for you and the people who you live with



WHO IS ACORN FOSTERING?



The people you live with work with a company called Acorn Fostering. Acorn support the people you live with.



YOU



A Social Worker will come and see you and make sure you are happy where you are living.



A Social Worker will come and see the people who you live with to support them and making sure they are making you feel happy and safe

LIKES AND DISLIKES



Tell me about your favourite things and things you don't like.

My favourite thing to do is to hang out with my friends in the park



FAVOURITE FOOD IS...



FAVOURITE ANIMAL...



FAVOURITE COLOUR...



FAVOURITE TOYS...



THE FOOD YOU DONT LIKE IS...

WHAT ANIMAL YOU DONT LIKE IS...

YOU DO NOT LIKE THE COLOUR...



YOU DO NOT LIKE...



HAPPY AND SAD



Tell me what makes you happy and what makes you sad.

I am sad when people upset my family and friends


What makes you happy?




What makes you sad?



PEOPLE TO SPEAK TOO



If someone at school or outside of your home makes you upset or cry, the best person to speak to is the people you live with and they are your foster carer.



If someone you live with makes you upset or sad, you can speak to your social worker your foster carers social worker or your school.

Here at Acorn Fostering, we want the best outcomes for each and every child that comes to our agency

Please tell us if you like the booklet. You can tell the people you live with.



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